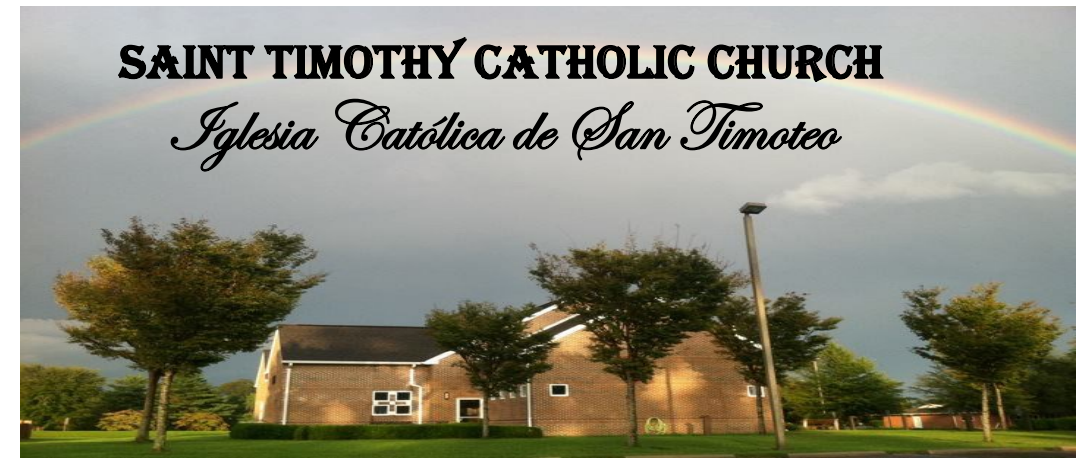




Lawn First LLC
804-313-5119
 Gonzalo Ramirez
 lawnfirstllc@gmail.com

Ready to join the Knights of Columbus and be part of the world's largest Catholic fraternity and charitable organization?

Please contact our Grand Knight Ian MacDonald 804-814-9002, Father Gerald or any of our Knights here at St Timothy's. We need catholic men to help us serve our church and community. Please join today.

March 12, 2023

413 St. Timothy Lane, Tappahannock, VA 22560


PARISH OFFICE

Rev. Gerald F. Musuubire, Pastor
 Rectory: (804) 443-2570
 Email: pastor@sttimothysparish.org

Carol Deverell, Office Manager
 Parish Office: (804) 443-2760, FAX: (804) 443-2022
 Email: office@sttimothysparish.org

Mission Statement
We are called to serve as one family, through corporal and spiritual works of mercy.

Estado de la misión
Estamos llamados a servir como una sola familia, a través de obras de misericordia corporales y espirituales.




Join Scouting!

St. Timothy Charters the Boy Scout Troop #304B & #304G
 Do you have a son or daughter between the ages of 6 and 17? Now is the perfect time to sign them up for Scouts. The Scouting program helps youth develop academic skills, self-confidence, ethics, leadership skills, and citizenship skills that influence their adult lives.

For more information contact:
 Scout Master Chris Fisher 804-366-8326

Or
 Angel Boily 229-630-3952

Rivers District
 Cub Scouts (ages 6-10)



**LUMEN CHRISTI
 LEGACY SOCIETY**

St Timothy Lumen Christi Society Chapter

Our parish Lumen Christi Society Chapter is being created to honor those who have named the parish as a beneficiary with a legacy gift. Take this into mind: Your generosity during your lifetime has enabled your parish to serve the people of God in this community. Continue to be a part of this community by making a bequest in your will.

St Timothy Church is formulating an endowment fund from legacy gifts to perpetuate financial security for our beloved church.

Third Sunday of Lent
 3/12/2023
 Exodus 17:3-7; Romans 5:1-2, 5-8
 John 4:5-42

Fourth Sunday of Lent
 3/19/2023
 1 Samuel 16:1b, 6-7, 10-13a; Ephesians 5:8-14
 John 9:1-41

MASS SCHEDULE

Saturday 5:00pm (English)
 Sunday 9:30am (English)
 Sunday 12:00pm (Spanish)

CONFESSIONS

45 minutes before Mass or
 by appointment.

ANOINTING OF THE SICK



"...Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life."
 John 5:13-14

Roger R. Sethmann, BMC, MM

Piano Tuning/Repair/Consulting

rsethmann@gmail.com (804) 445-6983



Please contact the Parish Office or Rectory to schedule an appointment



Lenten Fasting

In the early Church, and to a lesser extent still today, there were two fasts. There was the "total fast" that preceded all major feasts or sacramental events. The ancient name for this fast was "statio" from the verb "sto, stare" to stand watch, on guard, or in vigil. The second fast was a fast of abstinence from certain foods, e.g., meats or fats. This was more an act of self-discipline and self-control. The *statio* fast was total and a means of watching and waiting...i.e. *for* something. The fast of abstinence was more general and personal, to help oneself be more disciplined or self-controlled. The total fast is still kept today prior to reception of Holy Communion. Following Holy Communion, the total fast ceases because Jesus had explicitly stated that we don't fast when the bridegroom is here, in other words, what we're keeping vigil for has arrived, the wait is over. On the other hand, the fast of abstinence was allowed on Sundays because the continuity of abstinence can be important for it to be effective. These initial observations, then, teach us that the Eucharist is always the end of a preparation. It is always the fulfillment of an expectation.

But how did *fasting* become such an important means of preparing for the Eucharist and of learning virtue through self-discipline? Christian fasting is revealed in an interdependence between two events in the Bible: the "breaking of the fast" by Adam and Eve; and the "keeping of the fast" by Christ at the beginning of his ministry. Humanity's "Fall" away from God and into sin began with eating. God had proclaimed a fast from the fruit of only one tree, the tree of knowledge of good and evil (Gen. 2:17), and Adam and Eve broke it. Fasting is here connected with the very mystery of life and death, of salvation and damnation. Food perpetuates life in this physical world, which is subject to decay and death. But God "created no death" (Wis. 1:13). Humanity, in Adam and Eve, rejected a life dependent on God alone for one that was dependent rather on "bread alone" (Dt. 8:3; Mt. 4:4; Lk. 4:4). The whole world was given to man as a kind of food, as a means to life, but "life" is meant as communion with God, not as food ("Their god is their belly." Phil. 3:19). The tragedy is not so much that Adam ate food, but that he ate the food for its own sake, "apart" from God and to be independent of Him.

Christ, however, is the new Adam. In the desert after 40 days he was hungry. Hunger is that state in which we realize our dependence on something else—when we face the ultimate question: "On what does my life depend?" Thus, for the Christian, fasting is the only means by which man recovers his true spiritual nature. In order for fasting to be effective, then, the spirit must be a part of it. Christian fasting is not concerned with losing weight. It is a matter of prayer and the spirit. And because of that, because it is truly a place of the spirit, true fasting may well lead to temptation and weakness and doubt and irritation. In other words, it will be a real fight between good and evil, and very likely we shall fail many times in these battles. But the very discovery of the Christian life as "fight" and "effort" is an essential aspect of fasting.

Parish Ministries

Elizabeth Fowler, Rel. Ed. Director: (540) 903-2100

Roy Fontane, Finance Council Chair: (804) 925-6223

Lois Ann Bonhaus, Pastoral Council Chair (804)445-1006

Becky Tobler, Human Needs Chair (757) 897-4840

Kathy Hayden, Safe Environment Chair: (804) 450-4207

Gonzalo Ramirez, Hispanic Ministry, (804) 313-5119

Hospital Visits: Call Parish Office or Rectory

Homebound: Call Parish Office to Schedule Communion **Mass Count 5:00pm - 66 9:30am - 88 12 N - 76**

**This Weekend's Second Collection is for Capital Improvements
Our next second collection is March 19, 2023 for Easter Flowers**

Offertory Collection

March 4 - March 5, 2023

Offertory - \$5,614

Give Central - \$755

Candles - \$82

Mass Intentions - \$1,225

Catholic Relief Services - \$780

Ayuno de Cuaresma

En la Iglesia primitiva y, en menor medida aún hoy, había dos ayunos. Estaba el "ayuno total" que precedía a todas las fiestas mayores o eventos sacramentales. El antiguo nombre de este ayuno era "statio" del verbo "sto, mirar fijamente" para estar de guardia, en guardia o en vigilia. El segundo ayuno fue un ayuno de abstinencia de ciertos alimentos, por ejemplo, carnes o grasas. Esto fue más un acto de autodisciplina y autocontrol. El ayuno de la estación era total y un medio de observar y esperar... es decir, para algo. El ayuno de abstinencia era más general y personal, para ayudarse a uno mismo a ser más disciplinado o autocontrolado. El ayuno total todavía se mantiene hoy antes de recibir la Sagrada Comunión. Después de la Sagrada Comunión, el ayuno total cesa porque Jesús había dicho explícitamente que no ayunamos cuando el novio está aquí, es decir, lo que estamos velando ha llegado, la espera ha terminado. Por otro lado, se permitió el ayuno de abstinencia los domingos porque la continuidad de la abstinencia puede ser importante para que sea efectiva. Estas observaciones iniciales, pues, nos enseñan que la Eucaristía es siempre el final de una preparación. Es siempre el cumplimiento de una expectativa.

Pero, ¿cómo se convirtió el ayuno en un medio tan importante de preparación para la Eucaristía y de aprendizaje de la virtud a través de la autodisciplina? El ayuno cristiano se revela en una interdependencia entre dos eventos en la Biblia: la "ruptura del ayuno" por parte de Adán y Eva; y el "mantenimiento del ayuno" por Cristo al comienzo de su ministerio. La "caída" de la humanidad lejos de Dios y en el pecado comenzó con el comer. Dios había proclamado un ayuno del fruto de un solo árbol, el árbol del conocimiento del bien y del mal (Gén. 2:17), y Adán y Eva lo rompieron. El ayuno está aquí conectado con el misterio mismo de la vida y la muerte, de la salvación y la condenación. La comida perpetúa la vida en este mundo físico, que está sujeto a la descomposición y la muerte. Pero Dios "no creó la muerte" (Sab 1,13). La humanidad, en Adán y Eva, rechazó una vida dependiente sólo de Dios por una que dependiera más bien del "sólo pan" (Dt 8, 3; Mt 4, 4; Lc 4, 4). El mundo entero le fue dado al hombre como una especie de alimento, como un medio para vivir, pero "vida" se entiende como comunión con Dios, no como alimento ("Su dios es su vientre". Fil. 3:19). La tragedia no es tanto que Adán comiera comida, sino que comió la comida por sí misma, "aparte" de Dios y para ser independiente de Él.

Cristo, sin embargo, es el nuevo Adán. En el desierto después de 40 días tenía hambre. El hambre es ese estado en el que nos damos cuenta de nuestra dependencia de otra cosa, cuando nos enfrentamos a la última pregunta: "¿De qué depende mi vida?" Así, para el cristiano, el ayuno es el único medio por el cual el hombre recupera su verdadera naturaleza espiritual. Entonces, para que el ayuno sea efectivo, el espíritu debe ser parte de él. El ayuno cristiano no se preocupa por perder peso. Es cuestión de oración y del espíritu. Y por eso, porque es verdaderamente un lugar del espíritu, el verdadero ayuno bien puede llevar a la tentación, a la debilidad, a la duda ya la irritación. En otras palabras, será una verdadera lucha entre el bien y el mal, y muy probablemente fracasaremos muchas veces en estas batallas. Pero el descubrimiento mismo de la vida cristiana como "lucha" y "esfuerzo" es un aspecto esencial del ayuno.

Directorio de la Iglesia

Hemos asegurado fechas para que un fotógrafo tome fotografías para nuestro nuevo directorio. Son Miércoles 3 de Mayo y Jueves 4 de Mayo. Las citas se realizarán de 14:00 a 20:30 ambos días. Las citas se pueden hacer en: <https://instant-scheduling.com/sch.php?kn=3534502&typId=64781&step=2>. Si no se siente cómodo haciendo su cita en línea, habrá alguien en los comunes después de la misa para ayudarlo. Marque sus calendarios y, si aún no lo ha hecho, regístrese hoy para que podamos alcanzar nuestra cuota. La hoja de registro está en los Comunes en el ambón de madera.

**La segunda colecta de este fin de semana es para Mejoras de Capital
Nuestra próxima segunda colección es el 19 de Marzo de 2023 para Easter Flowers**

JOKE OF THE WEEK

“I gave them up for Lent”

A Catholic priest working in an inner city was walking down an alley one evening on his way home when a young man came down the alley behind him and poked a knife against his back. “Give me your money,” the young man said. The priest opened his jacket and reached into an inner pocket to remove his wallet, exposing his clerical collar. “Oh, I’m sorry, Father,” said the young man, “I didn’t see your collar. I don’t want YOUR money.” Trembling from the scare, the priest removed a cigar from his shirt pocket and offered it to the young man. “Here,” he said, “Have a cigar.” “Oh, no, I can’t do that,” the young man replied, “I gave them up for Lent.”



KNIGHTS OF COLUMBUS



KNIGHTS OF COLUMBUS

The Knights of Columbus have many activities coming up and we are also interested in adding new members to our Council. In this article I will let you know what we are engaged in and invite any Catholic gentlemen to join our organization and help promote fraternity and faith here at St. Timothy Catholic Church.

- ◆ The Knights sponsor the Adopt-a-Highway Program for Airport Road. We will be picking up trash and cleaning up the road on March 18th.
- ◆ On March 25th Knights will be leading the annual St. Patrick’s Day parade in the Church Hill neighborhood of Richmond, Virginia.
- ◆ The Knights will be placing American Flags on the graves of veterans in Tappahannock and Essex County in May in observance of Memorial Day. We will also have a wreath laying ceremony at the Flagpole in front of St. Timothy’s Church on Memorial Day.
- ◆ In addition the Knights are active in charity work and in helping St. Timothy’s Church and Father Gerald in parish activities.

If you would like to learn more about the Knights or are interested in joining us, please contact any Knight or Ed Sullivan at desulliva@aol.com.

Please Pray For The Sick

For healing and good health:

Lois Nelms, Phillip Nuar, Anne Glancy, Liliyanna Kotzeva, Ken Pollack, Dorothy Sponder, Joseph F. Mercurio, Beth Schools, Peggy Shaughnessy, Luke Heller, Theresa Berens, Kelly Liddington, Margaret Bell, Connie and Ed Malloy, Beatrice Howard, Kathie Mendez, Michelle and Anthony Macaluso, Joe Patton, Chloe Fordham, Patricia Brenzovich, Daniel Murchison Lytjen, Amber Davis, Lorraine Jester, Anna Dalton, Charlie Allen, Jerry Simpson, Jr., Robert Davenport, Valarie Roberts, Carolyn White, David Rousseau, Patrick Finn, Rebeca Moreno, Maria Foster, Thomas Hampton, Ed Sullivan, Dan Dean, Catherine Mallory, Linda and David Taylor, Tom Schroeder, James Morris, Susan Lewis, Andrew Mallory, Owen Liddic, Barbara Taylor, John Ciffo, Kevin Sullivan, Lloyd Samuels, Michelle Sadloch.



Mass Intentions

If you would like to have a family member or friend, living or deceased, remembered in a Mass, please call the parish office and schedule a Mass. We will send the family or person (if living) a card with all the details of the date, time and celebrant, and who scheduled the Mass.



Remember In Your Prayers

All those who serve our country, particularly . . .

LT Patrick Howlett, USAF; Ensign Jordan Gates, USN; LTC Rod Dwyer, USA; Lesley Clarke, USN; FSO Mary O’Brien; SGT John Streat III, USA; 2nd LT Christopher Selig, USA; Morgan Martin, USN, Ty Brown, USCG

Pray God keeps them in His care.

March 14 - March 19 / Mass Intentions/Mass Times				
Date	Mass	For	Liturgical Days	Requested By
3/14	12:00N	†Sue Osborne	Weekday	Ken and Elsie Mangano
3/15	12:00N	Souls in Purgatory and Salvation of Souls	Weekday	St. Timothy Family
3/16	9:00am	Lucy Rowe	Weekday	Ed Sullivan
3/17	9:00am	†Sally Reville and †Ben Reville	Weekday	Finon Family
3/18	5:00pm	†James Moore, †Jane Moore, and †Virginia Moore	Vigil Fourth Sunday of Lent	Joe Brenzovich
3/19	9:30am	†Joe Kennealy	Fourth Sunday of Lent	Jean Kennealy
	12:00 N	Para el Pueblo	Cuarto Domingo de Cuaresma	Familia de San Timoteo



The **Lenten Penance Service** is on **March 28th at 6:00pm**.

Stations of the Cross occur every Friday in Lent at 6:00pm followed by a soup supper. The following groups are responsible for the soup suppers:

- 3/17 Pro Life
- 3/24 Religious Education

Church Directory

We have secured dates for a photographer to take pictures for our new directory. They are **Wednesday May 3rd** and **Thursday May 4th**. Appointments will be made from 2:00pm to 8:30pm on both days. Appointments can be made by going to: <https://instant-scheduling.com/sch.php?kn=3534502&typId=64781&step=2>. If you're not comfortable making your appointment online, there will be someone in the Commons after Mass to assist you. Please mark your calendars and if you haven't already, please sign up today so that we can meet our quota. The sign-up sheet is in the Commons on the wooden ambo.

Pantry Sunday

Pantry Sunday is the weekend of March 11 - 12. Please place your donations in the designated area to the left of the door as you enter the Commons. Thank you for participating in this

Give Central Online Giving

Remember that you now have the option at St. Timothy to sign up and go online to make your weekly donations to the Church. The website is updated on a weekly basis in-house. You can get more information by calling the parish office, or go to <https://www.givecentral.org/location/1137/event/25198> and follow the steps. Or you can scan the QR code.



Divine Mercy Cenacle

Please join us in the Commons at **12:45pm**, after the noon Mass on **Tuesday, April 4, to pray the Divine Mercy Chaplet**, and learn about the revelations of Saint Faustina. This will be Week Number 55.

Memorial Bricks

Remember and memorialize a departed family member or friend in the Memorial Garden. The price is only \$100 and a duplicate for your home is available for an additional \$50. Pick up an order form from the Commons or contact the parish office.



Religious Education Updates

Tuesday March 28 - Lenten Penance Service. 6-8pm. First Communion candidates will do their First Reconciliation.
Sunday April 2 (Palm Sunday) and Sunday April 9 (Easter Sunday) - **NO CLASSES**.
Sunday April 9 - Easter Egg Hunt immediately following both Sunday masses.
Sunday May 14 - **FIRST COMMUNION** (also Mother's Day) - **NO CCD CLASSES**.
Sunday May 21 - last class.

SAVE THE DATE: *Saturday June 24 - Vacation Bible Day (PLEASE NOTE THAT THIS DATE HAS CHANGED)*.

Bible Study

The Bible Study group meets on Tuesday at 11:00am in the Religious Education Office. We welcome new members. Please contact Chris at ciovino@hotmail.com or 804-443-

Collection for Operation Inasmuch: Kids' Books

We're off to a great start—thanks for your generosity! Keep bringing new or very gently used children's books to help with St. Timothy's assigned collection for Operation Inasmuch, April 22. Put them in one of the boxes marked in the Commons. The books will be sorted by a team on April 22, and delivered to the Dept. of Social Services for children who visit with their parents. They always need more books, as children are encouraged to take one home with them. (Since Social Services is a government agency, they ask that you not donate religious books.) For OIAM questions, contact Shari Dwyer (804-443-1503; skdwyer@va.metrocast.net) or Dan Bowden (804-246-9353; dbowden81@hotmail.com).

News From Essex Churches Together

Help Outfit a Prom-Goer: Some juniors and seniors at Essex High School can't afford attire to attend the prom. You can help by donating gently used formal wear—prom dresses, dress shoes, suit jackets, bridal party attire—suitable to wear to the prom. **Drop off donations by March 18** at the high school, intermediate school, or elementary school. This is a project of the Essex H.S. Parent-Teacher-Student Organization.

Support the H.S. After-Prom Party: The Essex-Tappahannock Youth Association (ETYA) is sponsoring an after-prom party for juniors, seniors and their dates. From 11 pm until 1 am after the prom on April 29, students can enjoy alcohol- and drug-free activities: games, music, food, and prizes. ETYA is seeking donations to help pay for game rentals, prizes, food, and decorations. Send to: Essex-Tappahannock Youth Assn., PO Box 811, Tappahannock, VA 22560. Questions: contact ETYA President Sherina Logan at 804-366-6555.

Your Chance to Learn Watercolor Painting: An artist at Tappahannock Presbyterian Church is offering an introductory watercolor painting lesson on Saturday, March 25, from 10 am – noon at the church. Donations for the class will benefit Operation Inasmuch. Painting supplies provided. Class size is limited; sign up by calling the church office at 804-443-9977.

Thank You to Operation Inasmuch Volunteers!

Twenty-two people from St. Timothy have registered to volunteer with this year's Operation Inasmuch (OIAM), a multi-church, one-day blitz organized through Essex Churches Together (ECT). We'll be well represented! Thanks, everybody.

Caregiver Support Group is presented by the **Alzheimer's Association** on the **3rd Wednesday** of each month at 2pm at the Essex Public Library. For more information about caregiver support groups, call Jennifer at 1-800-577-0558.

The next **American Red Cross blood drive** will be held on Tuesday, March 14, 2023 from 1-7pm at the fire house in Tappahannock. This drive is sponsored by The Women's Club of Essex County.

The January 10 blood drive collected 34 units of blood saving 102 lives. The Red Cross is the sole provider of blood to Richmond hospitals and the recent decline in donations is concerning for the patients in need. If you are healthy and available, please consider donating or helping us to spread the word about this life saving need. Your donation could help a patient get back on their feet! Appointments are highly encouraged, click here to see available times <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=essex>.

Does your Marriage need a boost? A Worldwide Marriage Encounter Experience will help you enjoy life with a new closeness to each other and God. You don't need it - you **DE-SERVE** a Marriage Encounter Experience!

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with any questions.

Upcoming dates:
 September 22-24, 2023 - Crowne Plaza Hotel, Herndon VA
 November 17-19, 2023 - Holiday Inn, Virginia Beach VA

Annual Diocesan Appeal

We hope you have taken time to consider how you and your family can support this year's Annual Diocesan Appeal which helps to empower the next generation, provide for those in need, and strengthen Catholic communities in many important ways.

There is so much need and we're blessed at St. Timothy Parish to receive assistance from the Appeal. The collective spirit we bring to this effort today will be a major step to our success with this year's Appeal. Keep in mind: the more we collect, the more we receive back through the parish sharing formula of the Appeal. For online giving, go to:

<https://www.givecentral.org/location/1137/event/25198>, and follow the steps.

Or you can scan the QR code.



Free Lenten Video Series

Discover the path to profound peace & happiness.

- What is it?
A totally free video series from evangelist Matthew Leonard that will help you surrender all your difficulties to the Lord and find interior peace.
- How do I watch it?
Scan the QR Code for the sign up page (or go to ScienceOfSainthood.com).
- When does it begin?
Streaming begins Ash Wednesday, February 22nd and lasts through Lent.



"Can I just say - WOW!"

"There is NOTHING like this in 'Catholic-land' online."

Use Your Phone's Camera to Scan QR CODE

SCIENCE OF SAINTHOOD Scan QR Code with your phone's camera or go to ScienceOfSainthood.com to sign up.

Understand Your Catholic Faith with The Catechism in a Year Podcast with Fr. Mike Schmitz!

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- Understand the essentials of the Catholic Faith and why they matter
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